

Physical Education (P.E)



P.E Curriculum Overview

Year group		Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Early Years		Fundamentals Unit 1	Fundamentals Unit 2	Dance unit 1	Gymnastics unit 1	Ball Skills Unit 1	Ball Skills Unit 2
1	Outdoor	Fundamental Ball Skills	Sending and Receiving	Invasion Games	Team Building	Striking and Fielding	Fundamentals
	Indoor	Fundamental Movement Skills	Gymnastics	Dance	Fitness	Athletics	Net /Wall
2	Outdoor	Fundamental Ball Skills	Sending and Receiving	Invasion Games	Team Building	Striking and Fielding	Fundamentals
	Indoor	Fundamental Movement Skills	Gymnastics	Dance	Fitness	Athletics	Net /Wall
3	Outdoor	Fundamental Movement Skills	Quidditch	Football	Basketball	Cricket	Mini tennis
	Indoor	Fundamental Ball skills	Gymnastics	Fitness	Dodgeball	Athletics	Handball
4	Outdoor	Swimming/Fundamental Movement Skills	Swimming/Fundamental Movement Skills	Quidditch	Football	Cricket	Mini tennis
	Indoor	Ball Skills	Gymnastics	Fitness	Dodgeball	Athletics	Basketball
5	Outdoor	Cricket	Quidditch	Swimming/Hockey	Swimming/Hockey	Basketball	Mini tennis
	Indoor	Fitness	Gymnastics	Dodgeball	Handball	Athletics	Athletics
6	Outdoor	Basketball	Cricket	Hockey	Tennis	Swimming/Cricket	Swimming/Cricket
	Indoor	Fitness	Gymnastics	Dodgeball	Handball	Athletics	Athletics

P.E Progression